

ZARA



Cafe & Restaurant

The timeless flavours of traditional
Anatolian Cuisine



ZARA

Cafe & Restaurant

Fully Licensed Restaurant
11 South End Road
London
NW3 2PT
Tel: 020 7794 5498
info@zararestaurant.co.uk
www.zararestaurant.co.uk



www.mey.com.tr



KAYRA

www.kayrasaraplari.com

COLD MEZES

- FETA CHEESE** £3.95
Served with olives
- KISIR** £4.55
Crushed wheat salad with tomato, onions, parsley, green pepper, celery, lemon & olive oil
- ISPANAK SALATA** £4.55
Fresh spinach in yogurt, garlic & olive oil
- CACIK** £4.55
Diced cucumber in yogurt, mint, olive oil with a hint of garlic
- HUMUS** £4.55
Chick peas, sesame seed paste, lemon juice with garlic & vegetable oil
- TARAMA** £3.95
Cod roe with vegetable oil & lemon juice
- PATLICAN SALATA** £4.95
Grilled and chopped aubergine, red and green peppers with olive oil
- ÇOBAN SALATA** £4.95
Shepherd's salad - mixed salad with spring onions, green peppers, tomatoes & a touch of sumac herb
- GREEK SALAD** £4.95
Tomatoes, cucumber, onions & feta cheese
- MEZE PLATTER** £10.00
Mixed mezes including Humus, Tarama, Kısır, Muska Börek, Cacık, Tabule, Falafel & Ispanak Salata

HOT MEZES

- CHIPS** £2.50
- MERCİMEK ÇORBASI** £4.55
Lentil Soup
- İMAM BAYILDI** £4.95
Tomato, green pepper & onions on a bed of aubergine
- YOĞURTLU KIZARTMA** £4.95
Fried vegetables (aubergine, courgette, potato & green pepper) with halep sauce, yogurt & garlic
- TAZE FASÜLYE** £4.95
Green beans cooked in olive oil with potatoes, carrots, peppers, onions & herbs
- BEYAZ PEYNİR IZGARA** £4.55
Baked feta cheese with tomato & olive oil
- HELLİM IZGARA** £4.95
Grilled hellim cheese
- FIRINDA SUCUK** £4.95
Spicy sausage, tomato and potatoes, baked in the oven
- SUCUK IZGARA** £4.95
Grilled Turkish spicy sausage
- FALAFEL** £4.55
Broad beans, chick peas, onion, green pepper, red pepper, coriander, parsley & garlic, all crushed & deep fried, served with humus
- MÚCVER** £4.95
Courgette, egg, feta cheese, flour, dill, parsley, mint, mixed & deep fried, served with kısır
- MUSKA BÖREĞİ** £4.55
Pastry filled with feta cheese & parsley
- ARNAVUT CİĞERİ** £4.55
Albanian style liver served hot with onion salad
- MİTİTE KÖFTE** £4.55
Fried lamb meat balls served with chopped onions & salad
- KALAMAR** £4.95
Deep fried squid, served with tartar sauce
- CHICKEN SALAD** £9.00
Mixed leaves with tomato and grilled chicken on top
- MIXED HOT & COLD MEZE** (Minimum 2 people, £7.95 per person) £7.95
Kısır, Humus, Cacık, Muska Börek, Hellim, Falafel

BEVERAGES

- ORANGE JUICE • APPLE JUICE • POMEGRANATE JUICE** £1.50
- CHERRY NECTAR • APRICOT NECTAR** £1.50
- STILL MINERAL WATER** Small: £1.50 Large: £2.50
- SPARKLING MINERAL WATER** Small: £1.50 Large: £3.00
- COLA • DIET COKE • 7 UP • FANTA** £2.00
- CAPPUCCINO** £2.50
- ESPRESSO** Single: £1.75 Double: £2.25
- TURKISH COFFEE** £2.00
- CAFE LATTE** £2.50
- CAFE AMERICANO** £2.00
- ALPINE HOT CHOCOLATE** £3.00
- HERBAL TEA (ROSEHIP, PEPPERMINT, CAMOMILE, APPLE)** £1.50
- TEA** £1.50
- FRESH MINT TEA** £2.00
- POT OF TEA** £3.50

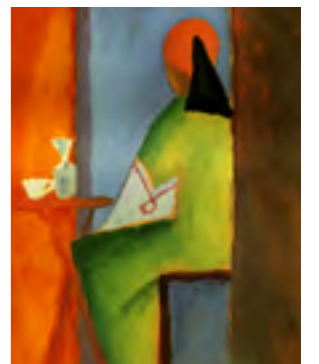
• All our vegetables & meat are selected and purchased by us personally to ensure the highest quality. Our meals are freshly cooked on the premises. Vegetarian dishes are prepared with extra virgin olive oil.

• None of our products uses GM ingredients.

• We are passionate about our food. If you have any comments, please let us know.

A suggested service charge of 12.5% will be added to your bill. This is voluntary and not need be paid if our service has fallen below your expectations • Cheques will only be accepted with a valid guarantee card.

ZARZAR




WHITE WINES

	Glass (175ml)	Bottle
14. HOUSE WINE (TURKISH OR FRENCH)	£4.55	£15.95
15. ANGORA WHITE (TURKISH) The aromatic character of the "sultana" grape is delicious, rich flavoured, lively and well balanced.	£4.55	£15.95
16. VILLA DOLUCA WHITE (TURKISH) A balanced blend of Sultaniye grapes, this wine invokes the aromas of pineapple, grapefruit, green apple and lemon.	£4.75	£16.95
17. CANKAYA (TURKISH) It is a light-colored, elegant, full-bodied, and very fresh wine. It matches well with all seafood, fish, chicken, and all kind of cheese and it can also be taken as a full flavored aperitif.	£4.75	£16.95
18. SAUVIGNON BLANC (CHILEAN) This stylish wine is crisp, fresh and dry, a delightful wine.		£16.00
19. BUZBAG WHITE (TURKISH) With a nose of lemon flower and freshly squeezed grapefruit juice, Buzbag Emir Narince reveals lychee and apricot flavours on the palate.	£4.95	£17.95
20. PINOT GRIGIO (ITALIAN) Light and crisp with smooth, almost silk like overtones.		£17.00
21. KAYRA NARINCE (TURKISH) Light, citrus nose with a touch of quince and spring flowers. Refreshing palate with a low acidity. It matches well with chicken grill.		£21.95

CHAMPAGNES

	Bottle	Bottle
22. TERRA ORGANICA PROSECCO	£6.50	£25.00
23. HOUSE CHAMPAGNE		£45.00
24. MOET & CHANDON - BRUT IMPERIAL Perhaps the best known Champagne, the Brut Imperial from Moet embodies their house style: crisp and clean, this classic Champagne shows citrus aromas and hints of biscuity flavours. An excellent aperitif.		£65.00

SPIRITS

	25ml	50ml	35cl	70cl
25. YENİ RAKI 	£3.50	£5.50	£25.00	£45.00
26. TEKİRDAĞ RAKI	£3.50	£5.50	£25.00	£45.00
27. TEKİRDAĞ GOLD RAKI	£4.00	£6.00	£30.00	£55.00
28. YENİ RAKI ALA			£32.00	£60.00
* Raki is a Turkish unsweetened, aniseed flavoured alcoholic drink that is popular in Turkey as an apéritif. It is often served with kebab or Turkish meze. It is considered as the national alcoholic beverage of Turkey.				
29. WHISKY	£3.50	£5.50		
30. VODKA	£3.50	£5.50		
31. GIN	£3.50	£5.50		
32. BRANDY	£3.50	£5.50		
33. METAXA	£3.50	£5.50		
* Mixers are plus £1				

BEERS

34. EFES				£3.50
35. BUDWEISER				£3.50

KEBABS & GRILLS

All Kebabs Are Grilled & Served With Salad And Rice Or Chips

1. İNEGÖL KÖFTE Minced tender lamb grilled in traditional style of Inegöl (a city in Turkey), served with rice & mixed salad	£12.55
2. PİRZOLA Three lamb chops served with mixed salad & rice or chips	£13.95
3. KÜLBASTI Fillet of lamb grilled with herbs, mixed salad & rice	£13.95
4. SHISH KÖFTE Marinated lean, tender minced lamb, skewered & grilled over charcoal, served with rice & mixed salad	£12.55
5. SHISH KEBAB Marinated lamb pieces grilled over charcoal, served with rice & mixed salad	£12.55
6. İSKENDER KEBAB Lean chunks of lamb shish and shish kofte skewered and grilled over charcoal, chopped on a bed of bread, topped with tomato sauce then drizzled with butter	£14.95
7. MIXED GRILL Lamb shish, chicken shish, köfte & lamb chop grilled over charcoal, served with rice & mixed salad	£15.95
8. CHICKEN SHISH Diced chicken specially marinated & grilled over charcoal, served with rice & mixed salad	£11.95
9. ZARA KÖFTE Minced lamb mixed with red and green pepper, hellim cheese and cheddar	£12.95
10. CHICKEN İSKENDER Lean chunks of chicken breast skewered and grilled over charcoal, chopped on a bed of bread, topped with tomato sauce then drizzled with butter	£14.95

TRADITIONAL ANATOLIAN DISHES

11. KUZU FIRIN Joint of lamb cooked in oven with tomato sauce, onion, green pepper, mushroom, carrots, served with mixed salad & rice	£14.95
12. ET SOTE (MINIMUM 2 PEOPLE) Diced lamb, sauteed with onions, chilli peppers, tomatoes and mushrooms. Served with rice & salad	£25.95
13. İSLİM KEBABI Diced lamb wrapped with fried aubergine, green peppers & tomatoes	£13.95
14. GÜVEÇ Lamb or chicken with a mixture of fresh vegetables baked in the oven.	£12.95
15. MUSAKKA Sliced aubergine, potatoes, green peppers, mushrooms, tomatoes, courgette, minced lamb cooked in the oven, topped with cheddar cheese & delicious creamy sauce	£11.95
16. FIRIN KÖFTE Meat balls cooked in the oven with potatoes, green peppers, mushrooms, tomatoes & onion, served with rice & mixed salad	£11.95
17. TAVUK TAVA Pan-fried chicken with mushroom, red & green peppers, spring onion, courgette, touch of herbs cooked in cream sauce & served with salad & rice.	£11.95

FISH DISHES

All Fish Are Grilled & Served With Salad And Rice Or Chips

- | | |
|--|---------------|
| 22. LEVREK (SEA BASS) | £14.95 |
| 23. SOMON (SALMON STEAK) | £12.95 |
| 24. CUPRA (SEA BREAM) | £14.95 |
| 25. KARİDES IZGARA
Grilled king prawns, served with mixed salad & rice | £14.95 |

WRAPS

- | | |
|--|--------------|
| 26. WRAP
Lamb or chicken or shish kofte wrap. All wraps are grilled and served with salad & sauce of your choice | £8.00 |
|--|--------------|

VEGETARIAN DISHES

- | | |
|--|---------------|
| 27. GÜVEÇ
Aubergine, green beans, courgette, potato, green pepper, tomatoes & onions, baked in the oven in a tomato sauce | £10.95 |
| 28. FALAFEL
Broad beans, chick peas, onion, green pepper, red pepper, coriander, parsley, garlic all crushed, served with salad & humus | £10.55 |
| 29. MÜCVER
Courgette, egg, feta cheese, flour, dill, parsley & mint mixed, deep fried, served with salad & kısır | £11.95 |
| 30. YOĞURTLU KIZARTMA
Fried aubergine, courgette, potatoes, carrot, green peppers served with yogurt | £10.95 |
| 31. VEGETARIAN MUSAKKA
Oven cooked aubergine, potatoes, courgette, carrot, peas, mushroom, dill, parsley topped with cheddar cheese & delicious creamy sauce | £10.95 |
| 32. TAZE FASÜLYE
Green beans cooked in olive oil with carrots, peppers, onions & herbs | £10.95 |
| 33. HELLİM TAVA
Pan-fried hellim cheese with mushroom, red & green peppers, spring onion, courgette, touch of herbs cooked in cream sauce, served with salad & rice. | £13.95 |

RED WINES

- | | Glass (175ml) | Bottle |
|--|---------------|---------------|
| 1. HOUSE WINE (TURKISH OR FRENCH) | £4.55 | £15.95 |
| 2. ANGORA RED (TURKISH)
This mid-crimson with ruby colour heralds afresh bouquet. It has black cherry and mulberry fruit characters, with subtle spicy overtones. | £4.55 | £14.95 |
| 3. VILLA DOLUCA RED (TURKISH)
This is an excellent dry wine. It has smooth, crisp and fruity flavours, evoking aromas of cherry, strawberry and blackberry. | £4.75 | £16.95 |
| 4. YAKUT (TURKISH)
Yakut, the favorite red wine of Turkey. Yakut is a distinctive red wine with rich aroma character it is very well balanced with soft flavours of cherry and ripe tannins. It is very good match with any grilled meat. | £4.75 | £16.95 |
| 5. BUZBAG RED (TURKISH)
This wine has ripe, sour cherry and blackberry aromas. It is soft and pleasurable to drink. | £4.95 | £17.95 |
| 6. MERLOT (CHILEAN)
The deep ruby colour heralds a light fruity wine with a delightful bouquet and good depth of flavour. | | £19.00 |
| 7. KAYRA KALECIK KARASI RED (TURKISH)
This red wine exhibits black pepper, juniper tree, jasmine, white and black aroma of mulberry and is soft and elegant on the palate. It compliments with grilled lamb and rich meats excellently. | | £20.95 |
| 8. KAYRA BOGAZKERE (TURKISH)
This wine boasts cherry, sourcherry, black mulberry, blackberry, thyme and spicy aromas. It may be enjoyed with hot and spicy dishes. | | £21.95 |
| 9. KAYRA SHIRAZ (TURKISH)
Aged for 8 months in French Oak Barrels, produced with finely chosen shiraz grown in Denizli with a nose of blackberry, black mulberry, black cherry and plum flavours. Goes perfectly with meat, game and spicy dishes. | | £22.95 |
| 10. BUZBAG RESERV (TURKISH)
With a delicate character and timeless blend of rich fruit with lively acidity, this wine reveals subtle nuances of spices, leather and cassis. Try with lamb dishes. | | £25.00 |
| 11. KAYRA OKUZGOZU (TURKISH)
Rich flavoured, full bodied wine with a great concentration of red fruit aromas. Its aged in French oak barrels for 8 months. It accompanies grilled meat well. | | £26.50 |

ROSE WINES

- | | Glass (175ml) | Bottle |
|---|---------------|---------------|
| 12. KAVAKLIDERE LAL (TURKISH)
Dry, tender and rich in character. | £4.00 | £16.95 |
| 13. BEYAZ KAYRA KALECIK KARASI (TURKISH)
This rose wine has aromas ripe strawberry, raspberry, orange blossom, jasmine and vanilla and concentrated fresh fruit flavours on the palate. | £4.25 | £19.95 |